

Eye Care of the Big Horns

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Patient Dilation Consent Form

Dilating drops are used to dilate or enlarge the pupils of the eye to allow the optometrist better view of the inside of the eye.

The dilation will make reading things up close difficult, and make lights seem brighter than usual. This will last for 3-5 hours, although it can last longer in some people. Most people will be able to drive once their eyes are dilated, as long as they have sunglasses (which we can provide if you did not bring any). However, if you feel uncomfortable driving, or have never driven with your eyes dilated, it may be best to have a driver. Please note there is no additional charge for having your eyes dilated.

Patients who have not been dilated in the past 5 or more years should strongly consider dilation. For patients above 65, dilation every 1-2 years is recommended. Patients with the following risk factors should also strongly consider dilation.

- High myopia (-6 or greater Rx)
- History of retinal tear or detachment
- New onset flashing lights, floaters or partial loss of vision
- Recent history of trauma
- Medical conditions such as diabetes
- Any concerning pathology on fundus photos that requires further dilation

Please check one of the following:

- I prefer to have my eyes dilated (or give permission to have my child's eyes dilated, if the patient is a minor)
- I understand the importance of dilation but decline to dilate my eyes today.
- I would like to discuss dilation with the doctor.

Patient Name: _____

Patient/Parent Signature: _____

Date: _____